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Occurrence of CFP and Development of CTXs Analysis Method in Japan

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National Institute of Health Sciences

Ciguatera Fish Poisoning: CFP

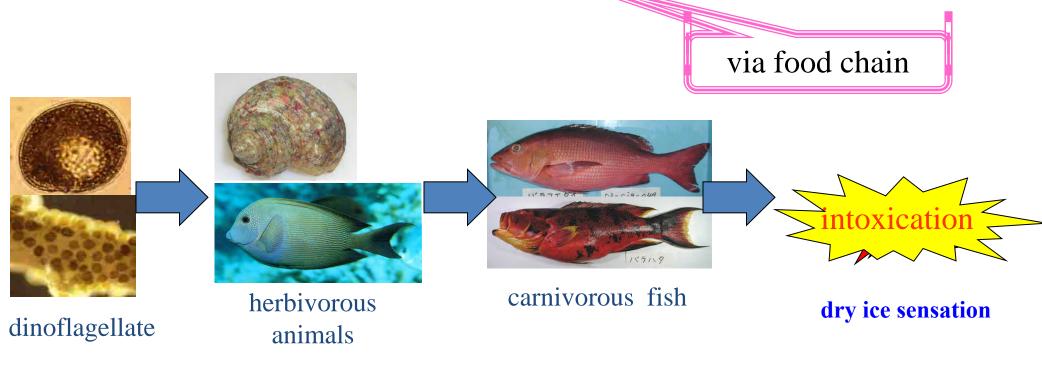
Ciguatera is ...

- the disease caused by ingestion of tropical finfish.
- prevalent in tropical and sub-tropical Pacific and Indian Oceans and Caribbean Sea.
- derived from Caribbean name 'cigua' for shellfish Turbo pica.
- most frequent seafood poisoning in the world.
 - 20,000 50,000 patients, annually
- rarely fatal.
- persistent for months or years in severe case.
- caused by ciguatoxins.

Symptoms

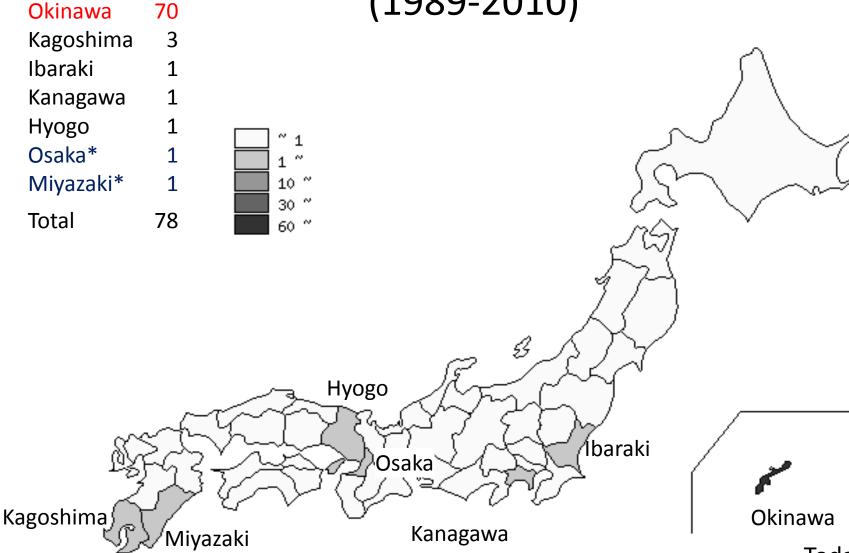
- Incubation period ----- 1-36 hours (mostly within 24 h)
- Gastrointestinal ----- early stage
 - vomiting, diarrhea, nausea, abdominal pain
- Neurological ----- most common
 - dry ice sensation ----- "paradoxical" perception or reversal of temperature perception to cold stimulus
 - paresthesia of extremities and circumoral region
 - arthralgia, pruritus, rash.
- Cardiovascular ----- not common but severe
 - bradycardia, hypotension.
- most of the patients recover within 3 days
- malaise, paresthesia and pruritus may persist for weeks or even years in severe cases.

Accumulation of ciguatoxins

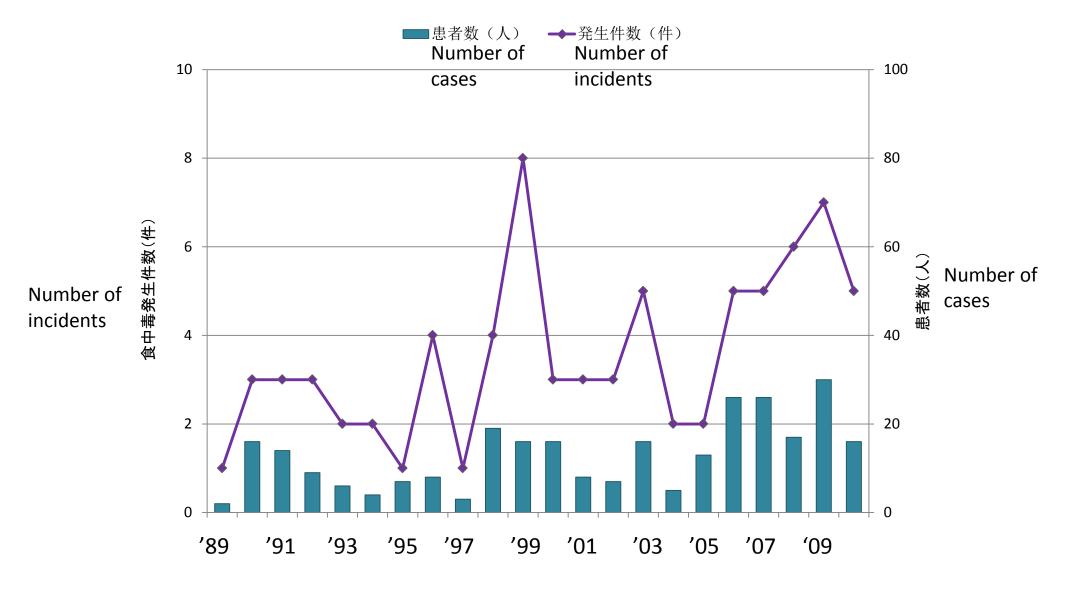


G. toxicus

CFP incidents in Japan (1989-2010)



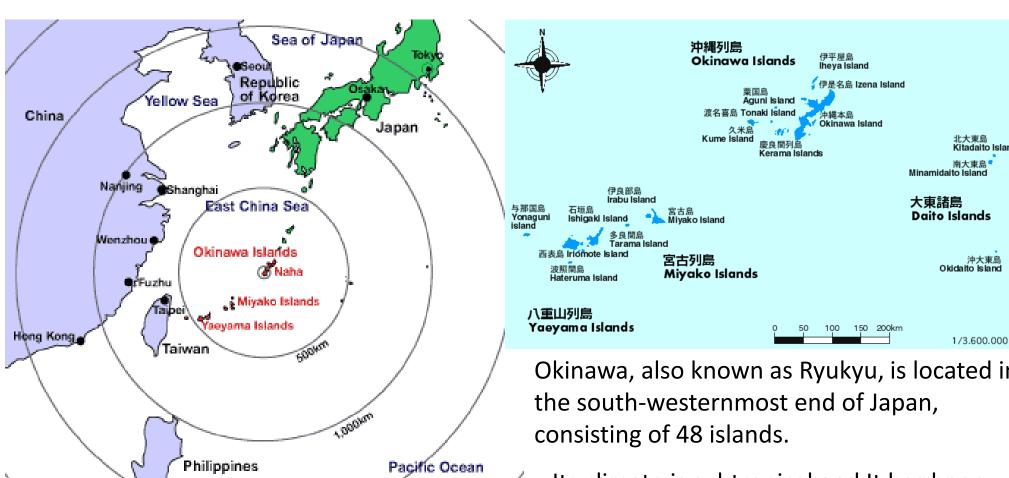
Toda et al., 2012



Number of incidents and cases of CFP in Japan (1989-2010)

Toda et al., 2012

Ciguatera Incidents in Okinawa

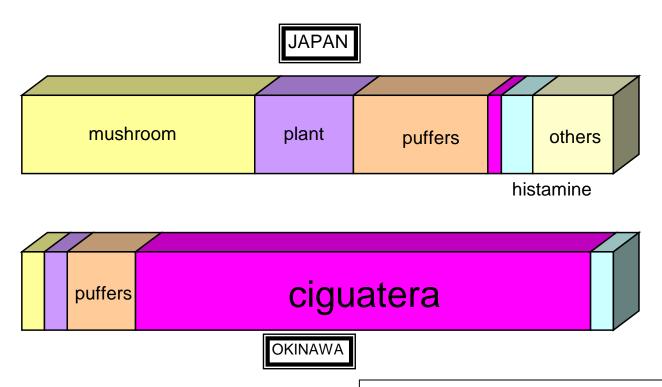


Okinawa, also known as Ryukyu, is located in

Its climate is subtropical and It has been recognized as ciguatera endemic area.

The population of Okinawa is 1.3 million.

Natural toxin and chemical food poisoning in Okinawa



CFP accounted for 70% of chemical or natural toxin food poisoning in Okinawa.

| Officially reported CFP in | 1 |
|----------------------------|---|
| Okinawa, 1997-2006. | |

- •33 incidents were reported.
- •Seasonality seems thin.

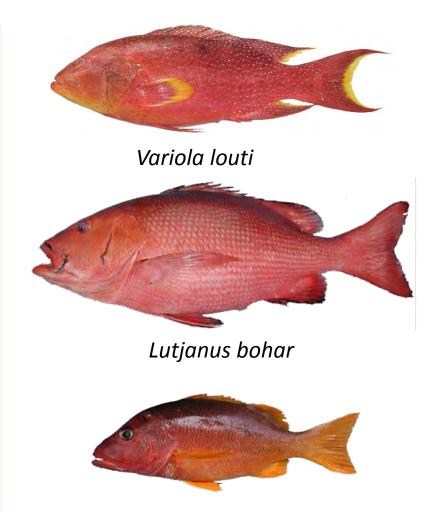
0.024incidents/10,000 people/year

•Many cases might be remain unreported.

| | No. | Date | Number of | Number of | Attack rate | fish species | Japanese name | toxicity |
|---|-----|-----------|-----------|-----------------|-------------|------------------|---------------|-------------------|
| | | | patients | people consumed | (%) | | | MU/g |
| | 1 | 18/Jan/97 | 6 | 9 | 67 | L. monostigma | イッテンフエダイ | n.t. ² |
| | 2 | 21/Sep/97 | 3 | 5 | 60 | Lutjanus sp. | フエダイ類 | 0.29 |
| | 3 | 17/May/98 | 3 | 7 | 43 | L. bohar | バラフエダイ | n.t. |
| | 4 | 17/Jun/98 | 3 | 5 | 60 | V. louti | バラハタ | 0.1 |
| | 5 | 25/Feb/99 | 1 | 1 | 100 | E. fuscoguttatus | アカマダラハタ | n.t. |
| | 6 | 26/Feb/99 | 1 | 2 | 50 | E. fuscoguttatus | アカマダラハタ | n.t. |
| | 7 | 08/May/99 | 1 | 7 | 14 | L. bohar | バラフエダイ | n.t. |
| | 8 | 24/May/99 | 2 | 6 | 33 | L. bohar | バラフエダイ | n.t. |
| | 9 | 03/Aug/99 | 1 | 4 | 25 | L. monostigma | イッテンフエダイ | n.t. |
| | 10 | 31/Aug/99 | 3 | 3 | 100 | Caranx ignobilis | ロウニンアジ | n.t. |
| | 11 | 21/Sep/99 | 6 | 6 | 100 | unidentified | 不明 | n.t. |
| | 12 | 18/Oct/99 | 1 | 11 | 9 | L. bohar | バラフエダイ | n.t. |
| | 13 | 16/Jan/00 | 7 | 7 | 100 | E. polyphekadion | マダラハタ | 0.05 |
| | 14 | 20/May/00 | 5 | 5 | 100 | L. bohar | バラフエダイ | n.t. |
| | 15 | 24/Jun/00 | 4 | 26 | 15 | snapper | フエダイ類 | n.t. |
| | 16 | 19/May/01 | 3 | 3 | 100 | unidentified | 不明 | n.t. |
| | 17 | 31/Aug/01 | 3 | 3 | 100 | L. monostigma | イッテンフエダイ | >0.2 |
| | 18 | 21/Jun/02 | 2 | 5 | 40 | L. bohar | バラフエダイ | n.t. |
| | 19 | 04/Nov/02 | 2 | 2 | 100 | P. areolatus | オオアオノメアラ | n.t. |
| | 20 | 30/Nov/02 | 3 | 3 | 100 | L. monostigma | イッテンフエダイ | >0.8 |
| | 21 | 01/Apr/03 | 2 | 5 | 40 | O. punctatus | イシガキダイ | n.t. |
| | 22 | 03/Jul/03 | 4 | 4 | 100 | L. monostigma | イッテンフエダイ | 0.2 |
| | 23 | 22/Jul/03 | 3 | 3 | 100 | L. monostigma | イッテンフエダイ | >0.2 |
| | 24 | 06/Oct/03 | 4 | 4 | 100 | V. louti | バラハタ | 0.4 |
| | 25 | 06/Mar/04 | 2 | 3 | 67 | moray eel | ウツボ | n.t. |
| | 26 | 18/Nov/04 | 3 | 4 | 75 | V. louti | バラハタ | >0.2 |
| | 27 | 06/Jul/05 | 7 | 9 | 78 | V. louti | バラハタ | n.t. |
| | 28 | 10/Sep/05 | 6 | 6 | 100 | V. louti | バラハタ | 0.1 |
| | 29 | 24/Jan/06 | 2 | 2 | 100 | V. louti | バラハタ | n.t. |
| | 30 | 18/Mar/06 | 2 | 2 | 100 | L. bohar | バラフエダイ | n.t. |
| | 31 | 26/May/06 | 1 | 27 | 4 | L. bohar | バラフエダイ | 0.1 |
| | 32 | 29/Jun/06 | 4 | 4 | 100 | V. louti | バラハタ | 0.05 |
| | 33 | 31/Dec/06 | 3 | 8 | 38 | V. louti | バラハタ | n.t. |
| • | | | | | | | 国立医桑品食品 | |

Frequency of causative species in the CFP incidents in Okinawa.

| species | number of outbreaks | ratio (%) |
|---------------------------|---------------------|--------------|
| Variola louti | 8 | 24 |
| Lutjanus bohar | 8 | 24 |
| L. monostigma | 6 | 18 |
| Epinephelus fuscoguttatus | 2 | 6 |
| Lutjanidae | 2 | 6 |
| Plectropomus areolatus | 1 | 3 |
| Oplegnathus punctatus | 1 | 3 |
| E. polyphekadion | 1 | 3 |
| surgeonfish | 1 | 3 |
| moray eel | 1 | 3 |
| unidentified | 2 | 6 |
| total | 33 | |



Lutjanus monostigma

| No. | fish species | test sample | toxicity MU/g |
|-----|----------------------|-------------------------|------------------|
| 2 | <i>Lutjanu</i> s sp. | cooked flesh | 0.29 |
| 4 | V. louti | raw flesh | 0.1 |
| 13 | E. polyphekadion | cooked flesh | 0.05 |
| | | soup ¹ | < 0.025 |
| 17 | L. monostigma | cooked flesh | >0.2 |
| 20 | L. monostigma | cooked flesh | >0.8 |
| 22 | L. monostigma | raw flesh | >0.2 |
| | | mixed soup ² | 0.025 |
| 23 | L. monostigma | mixed soup ² | >0.2 |
| 24 | V. louti | raw flesh | 0.4 |
| | | mixed soup ² | 0.1 |
| 26 | V. Iouti | flesh ³ | >0.2 |
| | V. Iouti | flesh ³ | 0.1 |
| 28 | V. louti | raw flesh | 0.1 |
| 31 | L. bohar | cooked flesh | 0.1 |
| 32 | V. louti | raw flesh | 0.05 |

¹ flesh and bones were removed and remainig were mixed.

² bones were removed and remainig were mixed.

³ treated with boiling water

Toxicity (MU/g) of the leftover meals and/or remnant fish in 12 incidents.

| No. | fish species | test sample | toxicity MU/g |
|-----|------------------|-------------------------|------------------|
| 2 | Lutjanus sp. | cooked flesh | 0.29 |
| 4 | V. louti | raw flesh | 0.1 |
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| 17 | L. monostigma | cooked flesh | >0.2 |
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| 22 | L. monostigma | raw flesh | >0.2 |
| | | mixed soup ² | 0.025 |
| 23 | L. monostigma | mixed soup ² | >0.2 |
| 24 | V. louti | raw flesh | 0.4 |
| | | mixed soup ² | 0.1 |
| 26 | V. Iouti | flesh ³ | >0.2 |
| | V. Iouti | flesh ³ | 0.1 |
| 28 | V. louti | raw flesh | 0.1 |
| 31 | L. bohar | cooked flesh | 0.1 |
| 32 | V. louti | raw flesh | 0.05 |

Lowest toxicity of fish flesh
 0.05 MU/g (No. 13 & 32)

¹ flesh and bones were removed and remainig were mixed.

² bones were removed and remainig were mixed.

³ treated with boiling water

| N | No. | fish species | test sample | toxicity MU/g |
|---|-----|----------------------|-------------------------|------------------|
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| | 17 | L. monostigma | cooked flesh | >0.2 |
| | 20 | L. monostigma | cooked flesh | >0.8 |
| | 22 | L. monostigma | raw flesh | >0.2 |
| | | | $mixed soup^2$ | 0.025 |
| | 23 | L. monostigma | mixed soup ² | >0.2 |
| | 24 | V. Iouti | raw flesh | 0.4 |
| | | | $mixed soup^2$ | 0.1 |
| | 26 | V. louti | flesh ³ | >0.2 |
| | | V. louti | flesh ³ | 0.1 |
| | 28 | V. Iouti | raw flesh | 0.1 |
| ; | 31 | L. bohar | cooked flesh | 0.1 |
| , | 32 | V. louti | raw flesh | 0.05 |

• Lowest toxicity of meal ≤ 0.025 MU/g (No. 13 & 32)

Lowest toxicity of fish flesh
 0.05 MU/g (No. 13 & 32)

¹ flesh and bones were removed and remainig were mixed.

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| No. | fish species | test sample | toxicity MU/g |
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| 2 | Lutjanus sp. | cooked flesh | 0.29 |
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| | V. Iouti | flesh ³ | 0.1 |
| 28 | V. louti | raw flesh | 0.1 |
| 31 | L. bohar | cooked flesh | 0.1 |
| 32 | V. louti | raw flesh | 0.05 |

• Lowest toxicity of meal ≤ 0.025 MU/g (No. 13 & 32)



 The maximum allowance level should be set below 0.025 MU/g (0.175 ng CTX1B/g)

Lowest toxicity of fish flesh
 0.05 MU/g (No. 13 & 32)

¹ flesh and bones were removed and remainig were mixed.

² bones were removed and remainig were mixed.

³ treated with boiling water

| No. | fish species | test sample | toxicity MU/g |
|-----|------------------|-------------------------|------------------|
| 2 | Lutjanus sp. | cooked flesh | 0.29 |
| 4 | V. Iouti | raw flesh | 0.1 |
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| | | soup ¹ | < 0.025 |
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| 31 | L. bohar | cooked flesh | 0.1 |
| 32 | V. louti | raw flesh | 0.05 |

¹ flesh and bones were removed and remainig were mixed.

- Lowest toxicity of fish flesh
 0.05 MU/g (No. 13 & 32)
- Lowest toxicity of meal ≤ 0.025 MU/g (No. 13 & 32)



- The maximum allowance level should be set below 0.025 MU/g (0.175 ng CTX1B/g)
- The minimum amount of consumption was estimated as 140 g (No. 28)
 0.1 MU/g x 140 g = 14 MU
 = 98 ng CTX1B



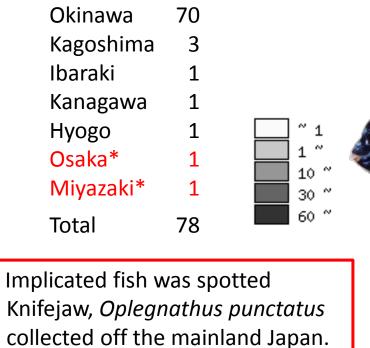
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² bones were removed and remainig were mixed.

³ treated with boiling water

CFP in Mainland Japan

CFP incidents in Japan (1989-2010)



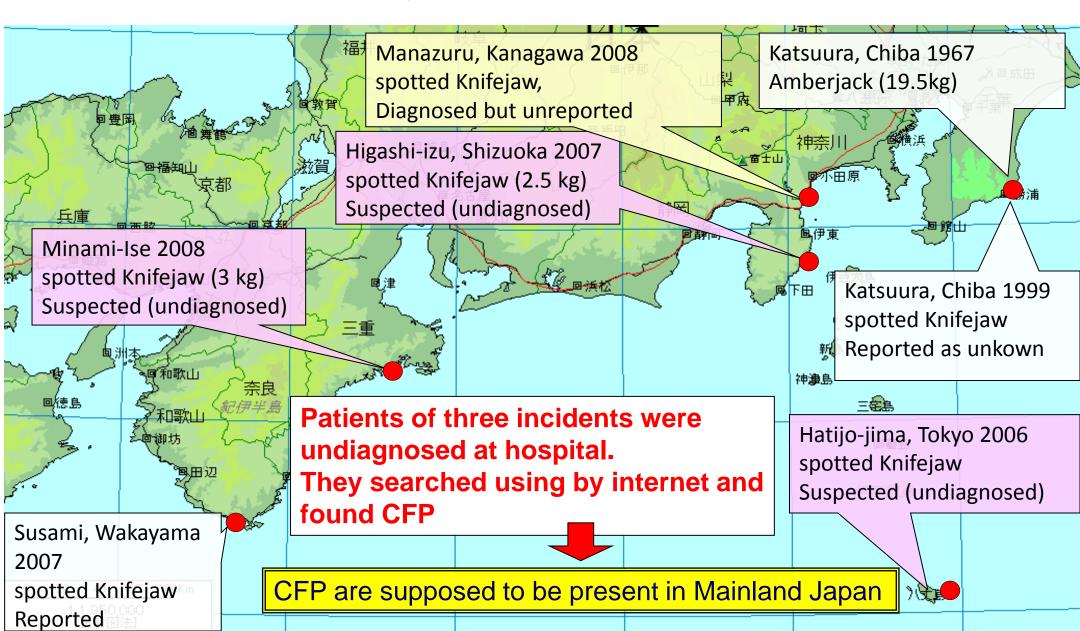
An incident reported as unidentified is suspected to be CFP due to consumption of Spotted Knifejaw, Oplegnathus punctatus collected off Chiba.



Toda et al., 2012

Okinawa

CFP in mainland Japan

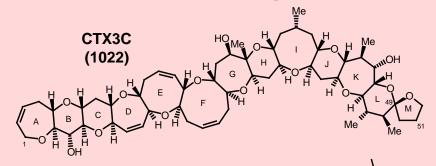


Development of CTXs Analysis Method in Japan

Structures of ciguatoxins, CTX1B, CTX3C and C-CTX-1

CTX1B congeners シガトキシン CTX1B (1110) 54-deoxyCTX1B (1094)52-*epi*-54-deoxyCTX1B (1094)CTX4A (1060)CTX4B (1060)M-seco-CTX4A/B (1078)

CTX3C congeners



(A)

49-*epi*CTX3C (1022)





2-hydroxyCTX3C (1040)

2,3-dihydroxyCTX3C (1056)

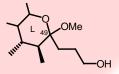


51-hydroxyCTX3C (1038)

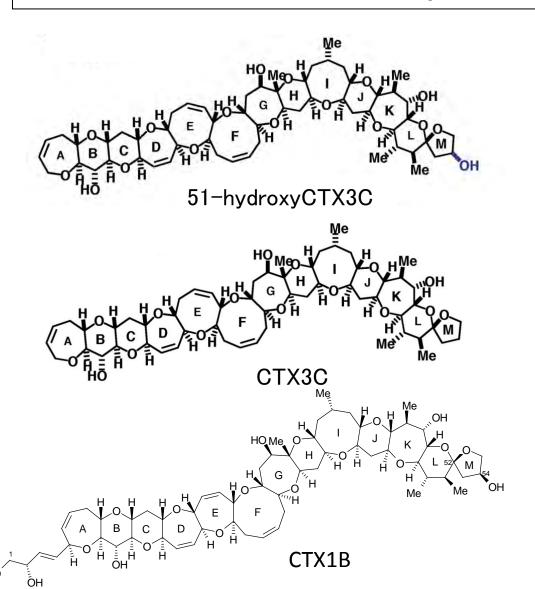
M-seco-CTX3C (1040)

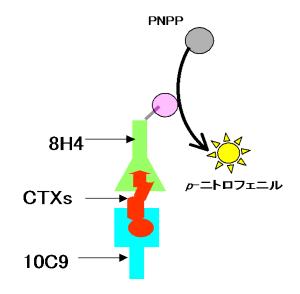


M-seco-CTX3C methyl acetal (1054)



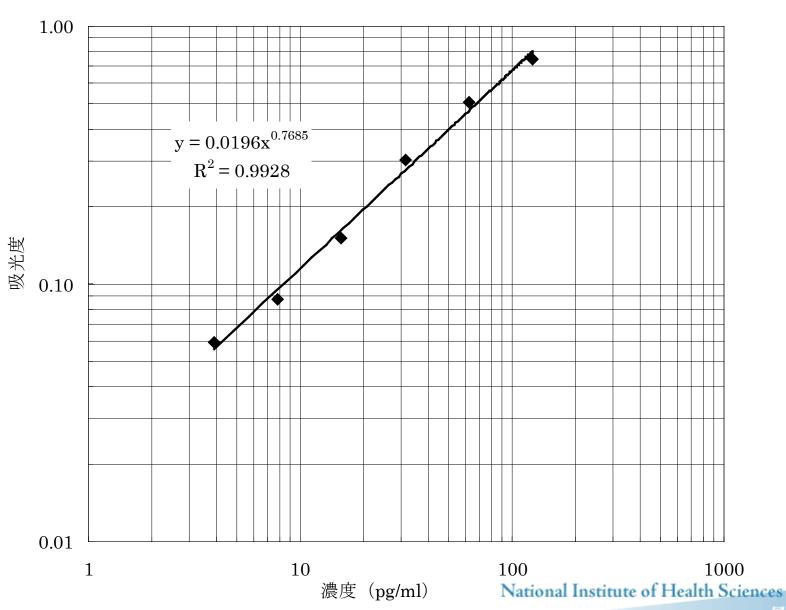
Detection of CTXs by ELISA



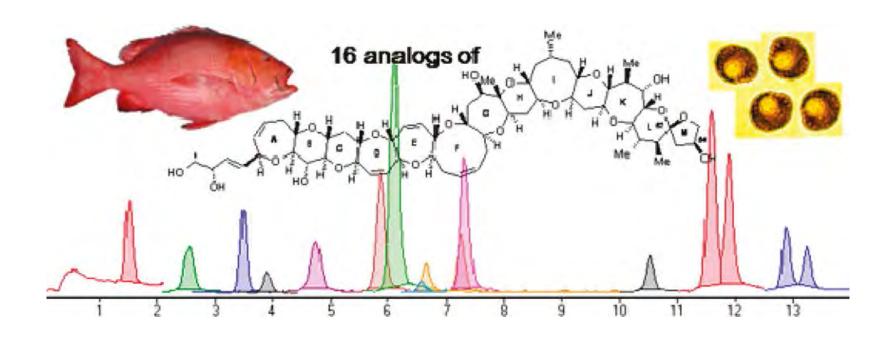




Calibration curve of 51-hydroxyCTX3C ELISA.

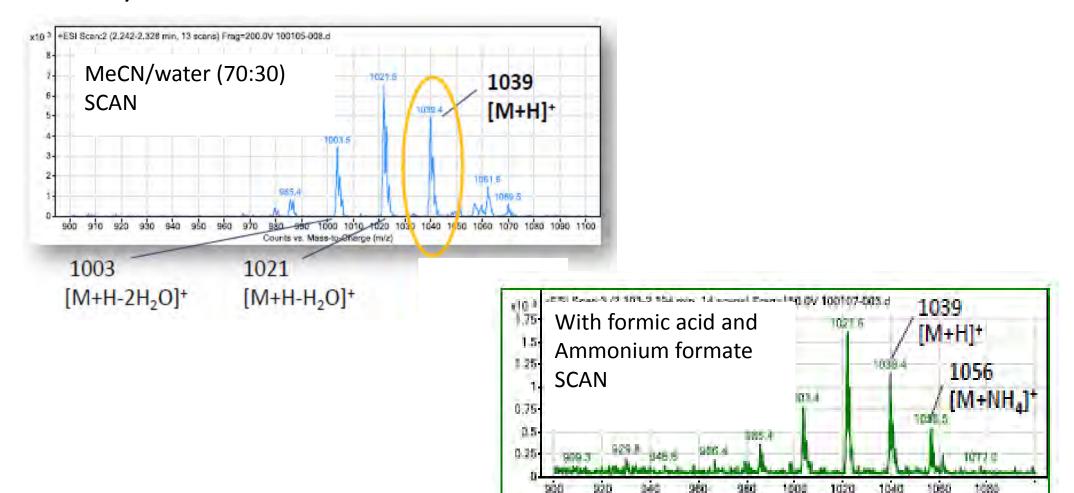


Detection of CTXs by LC-MS/MS



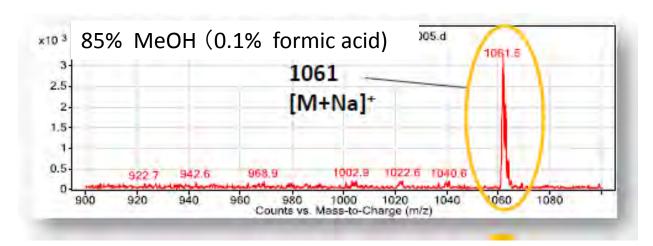
Mass spectrum of 51-hydroxyCTX3C.

Many peaks are appeared using acetonitrile/water system as a eluent. It may difficult to detect CTXs in low level.

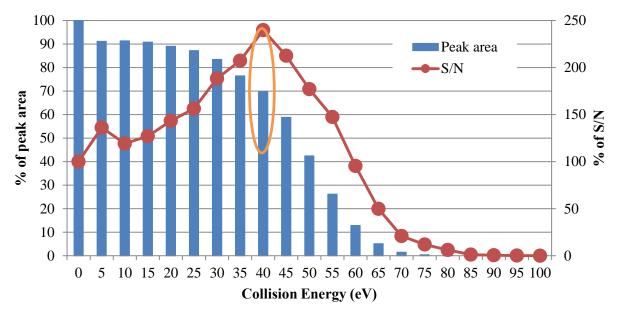


Counts vs. Mass to-Charge (m/2)

Mass spectrum of 51-hydroxyCTX3C using MeOH/water system as eluent. Only one peak [M+Na]⁺ was detected. But no fragment ion was detected in MS/MS.

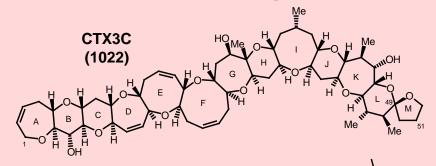


Mass transition : $[M+Na]^+ \rightarrow [M+Na]^+$ Collision energy was optimized for minimizing the interference from matrices



CTX1B congeners シガトキシン CTX1B (1110) 54-deoxyCTX1B (1094)52-*epi*-54-deoxyCTX1B (1094)CTX4A (1060)CTX4B (1060)M-seco-CTX4A/B (1078)

CTX3C congeners



(A)

49-*epi*CTX3C (1022)





2-hydroxyCTX3C (1040)

2,3-dihydroxyCTX3C (1056)

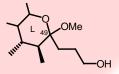


51-hydroxyCTX3C (1038)

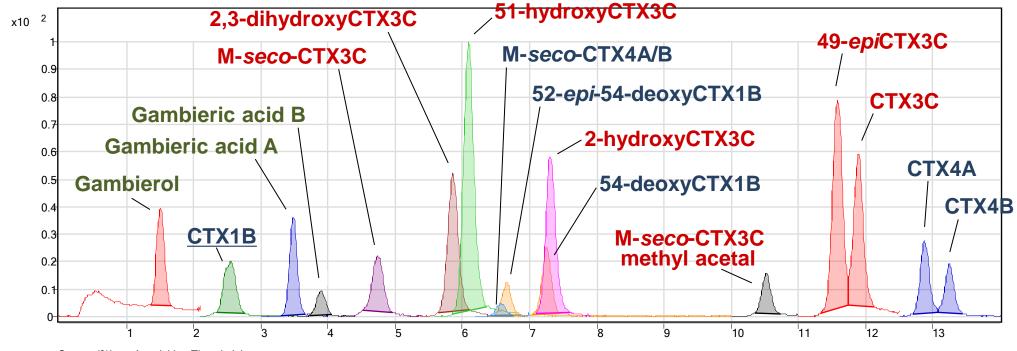
M-seco-CTX3C (1040)

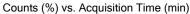


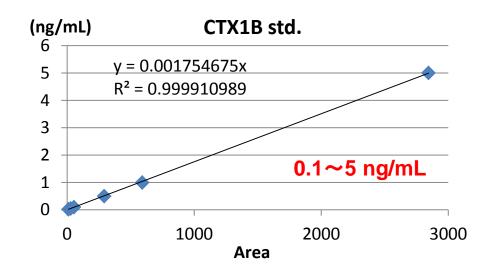
M-seco-CTX3C methyl acetal (1054)



LC-MS/MS Chromatogram of CTXs standards.







CTX1B

Limit of Detection (S/N>3)

0.02 ng/mL (0.004 ng/g flesh)

Limit of Quantification (S/N>10)

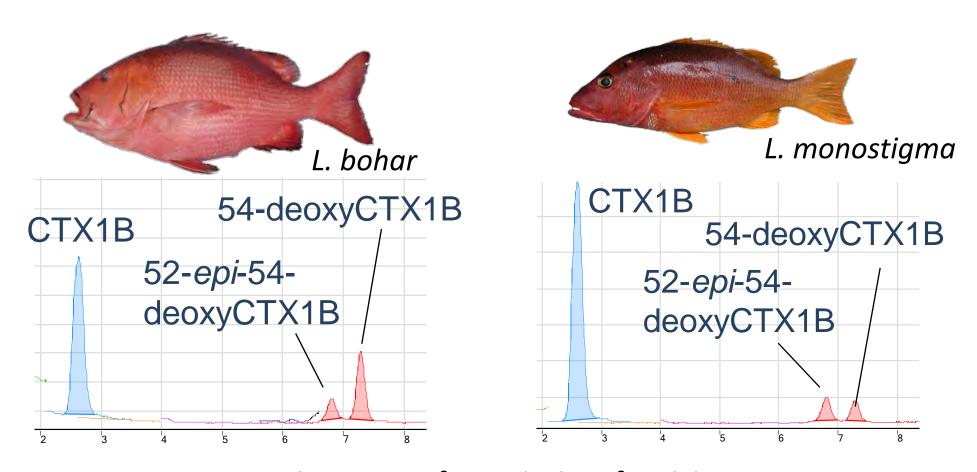
0.1 ng/mL (0.02 ng/g flesh)

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Toxin profiles of fish flesh implicated in CFP in Okinawa

snappers

CTX1B congeners were detected.



CTX1B is Account for majority of toxicity.

Deoxy-CTX1Bs are detected as minor toxins.

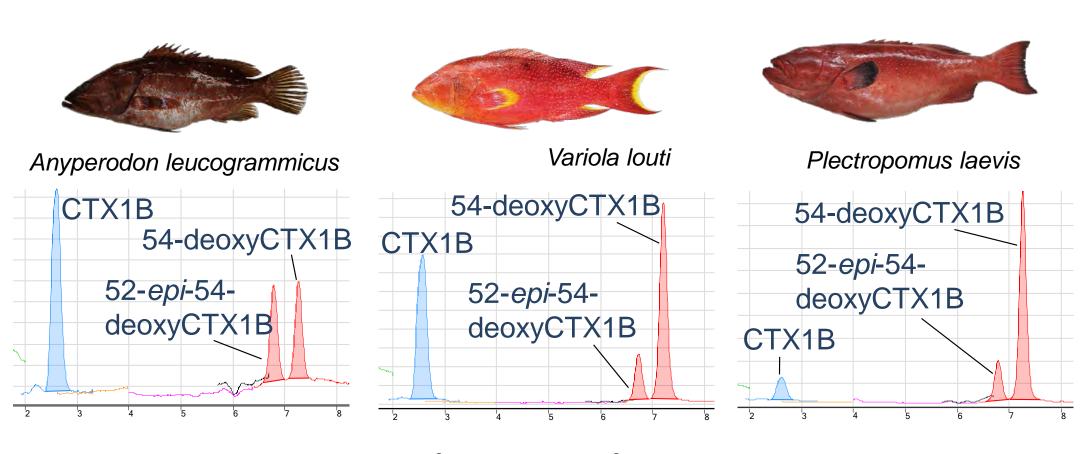
Health Sciences

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Toxin profiles of fish flesh implicated in CFP in Okinawa

Groupers

CTX1B congeners were detected.



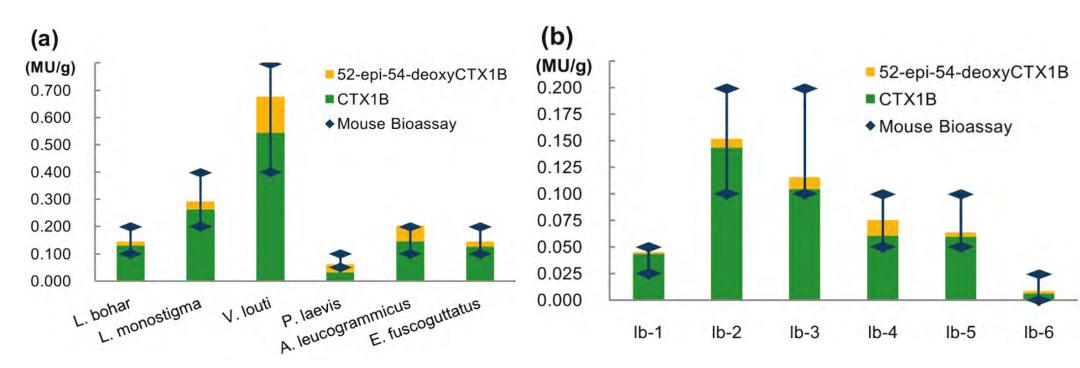
CTX1B is Account for majority of toxicity.

Significant amount of deoxy-CTX1Bs are detected.

In the case of *P. laevis*, 54-deoxyCTX1B is a major toxin.

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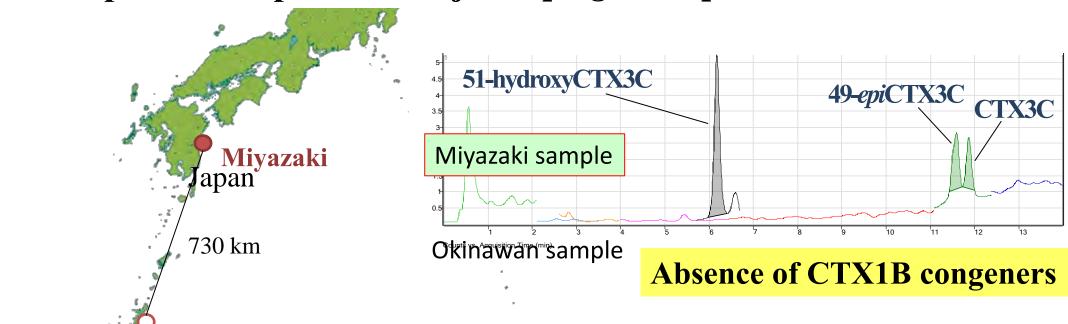
Correlation between LC-MS/MS and MBA results

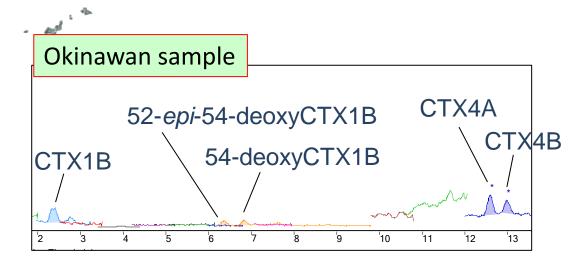


fish actually implicated in poisoning incidents

L. bohar tested by MBA in a monitoring study

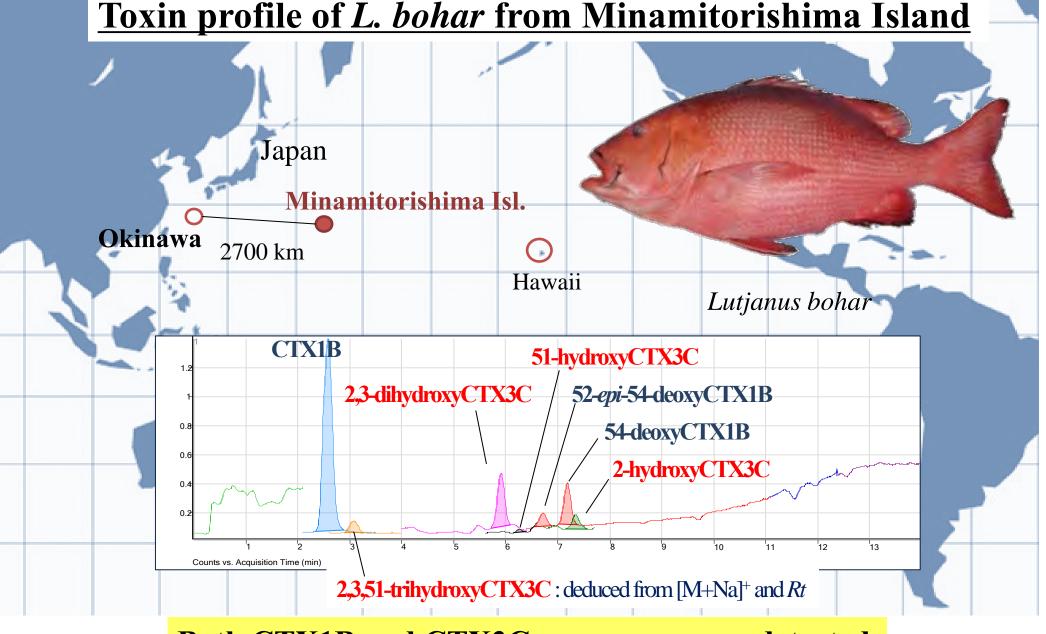
Toxin profile of spoted knifejaw Oplegnatus punctatus.



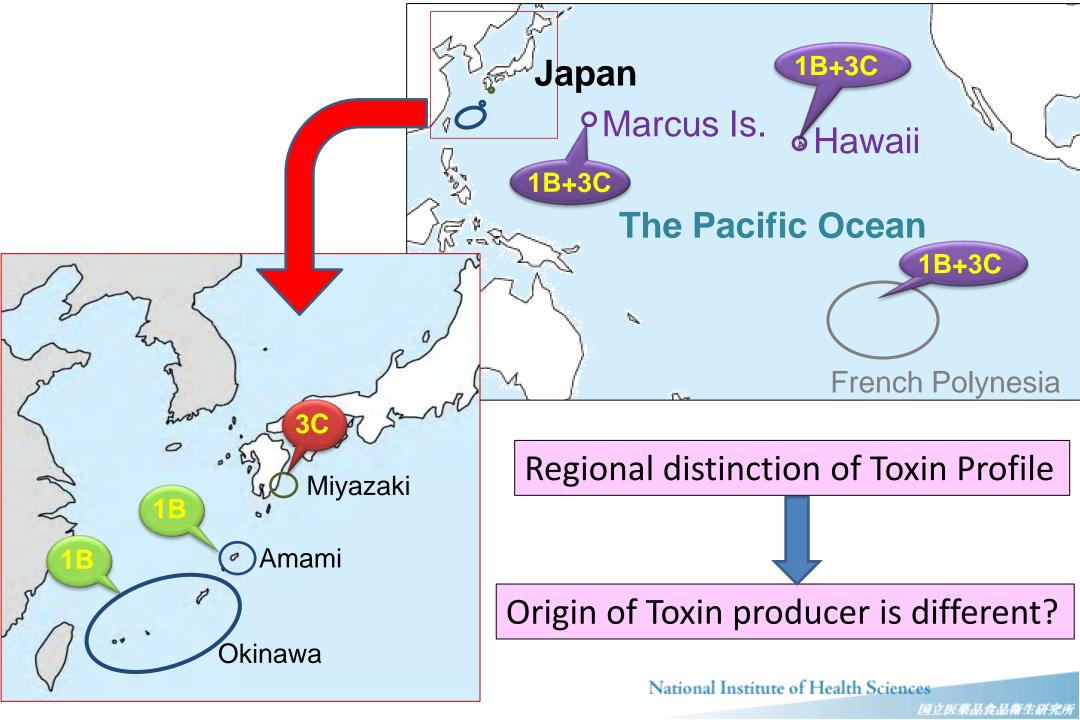


Okinawa





Both CTX1B and CTX3C congeners were detected



Acknowledgement

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- Dr. Yasuo INAFUKU, Mr. Takashi UEHARA, Ms. Ayuko KOJA.
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- Dr. Hidemasa HIGA (Chibana Clinic)